Saint Nicholas:

The Historical and Theological Roots of Santa Claus

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ABSTRACT

This paper explores the life and legacy of Saint Nicholas of Myra, examining his historical context, theological significance, and how his persona evolved into the modern-day figure of Santa Claus. It delves into the cultural, artistic, and religious transformations that shaped his image, highlighting the interplay between historical facts and hagiographical embellishments. By focusing on St. Nicholas's role as a bishop, defender of orthodoxy, and symbol of generosity, this study aims to uncover how his veneration contributed to a global tradition while retaining theological depth. The paper also addresses misconceptions and legends, such as his reputed confrontation with Arius, to separate fact from fiction in the life of one of Christianity's most beloved figures.

I. INTRODUCTION

Saint Nicholas of Myra stands as one of the most celebrated figures in Christian history, revered for his unwavering faith, acts of generosity, and defense of orthodoxy during a pivotal era in the early Church. Yet, the historical Nicholas has been obscured by centuries of legend and cultural transformation, evolving into the modern figure of Santa Claus—a beloved yet secular symbol of the Christmas season. This paper seeks to bridge the gap between the historical and the contemporary by exploring the theological and cultural roots of Saint Nicholas, tracing his journey from 4th-century Asia Minor to his reinvention in Western holiday traditions.

It is worth noting that Saint Nicholas, a Greek bishop of Myra in the 4th century, would have looked significantly different from both the modern depictions of Santa Claus and the appearance of many of the current residents of the area. The population in modern Demre, Turkey, has changed significantly due to centuries of migrations, conquests, and cultural shifts, meaning that Nicholas's Greek heritage reflects a bygone era of the region's history.

By examining the historical context of Nicholas's life, including his role as Bishop of Myra and his association with the Council of Nicaea, this study illuminates the enduring legacy of his defense of Christian orthodoxy. It also explores the legends and hagiographies that have shaped his veneration, from miraculous accounts of saving sailors and aiding the poor to the more contentious tale of his supposed confrontation with Arius. Furthermore, the paper analyzes how Eastern and Western Christian traditions preserved and adapted his image, culminating in his transformation into the Dutch "Sinterklaas" and, eventually, Santa Claus.

This investigation holds particular relevance today, as the figure of Santa Claus continues to straddle the divide between sacred and secular traditions. By reclaiming the historical Saint Nicholas, this study invites readers to reflect on the deeper theological and cultural significance of his legacy, challenging misconceptions and offering a renewed

Purpose and Scope of the Paper

Saint Nicholas of Myra occupies a unique position in Christian history as both a revered saint and a central figure in the cultural traditions surrounding Christmas. This paper examines his historical context, theological importance, and the cultural processes that transformed him into the modern-day figure of Santa Claus. By focusing on key aspects of Nicholas's life, such as his role as Bishop of Myra and his defense of orthodoxy at the Council of Nicaea, this study sheds light on the historical underpinnings of his legacy. Furthermore, it explores how Saintly biographical accounts of miracles and acts of generosity contributed to his veneration and eventual evolution into a global cultural icon. This dual focus on history and theology seeks to provide a comprehensive understanding of Nicholas's enduring significance.

II. THE HISTORICAL SAINT NICHOLAS

Early Life in Patara, Lycia

Saint Nicholas was born in the late 3rd century in Patara, a city of Lycia in Asia Minor (modern-day Turkey). Known for its vibrant Greco-Roman culture, Patara was a significant center of commerce and intellectual activity during Nicholas's lifetime.

Nicholas's early life is primarily reconstructed from religious biographies and traditional accounts, which depict him as a devout and generous individual from a young age. These

accounts often emphasize his commitment to Christ and his inheritance, which he reportedly used to aid the poor.¹

Role as Bishop of Myra

Nicholas's most enduring contribution to Christian history lies in his tenure as Bishop of Myra. Appointed during a period of significant persecution under Roman Emperor Diocletian, Nicholas is said to have ministered to his congregation with unwavering courage and compassion. Following the Edict of Milan in AD 313, which granted religious tolerance to Christians, Nicholas emerged as a leading figure in the early Church.²

Historical Context: 4th-Century Asia Minor and the Rise of Christianity

The 4th century marked a turning point for Christianity as it transitioned from a persecuted sect to the dominant religion of the Roman Empire. Asia Minor, with its strategic location and diverse population, played a crucial role in this transformation. During Nicholas's episcopacy, the region experienced both theological debates and political upheavals, culminating in the Council of Nicaea in AD 325.³ This council, convened by Emperor Constantine, aimed to address the Arian controversy—a doctrinal dispute over the divinity of Christ.

¹ Charles W. Jones, *Saint Nicholas of Myra, Bari, and Manhattan: Biography of a Legend* (Chicago: University of Chicago Press, 1978), 23.

² William L. Lane, A History of the Early Church (Grand Rapids: Eerdmans, 1990), 112.

³ Henry Chadwick, *The Church in Ancient Society: From Galilee to Gregory the Great* (Oxford: Oxford University Press, 2001), 147.

Nicholas's involvement in the council, though not explicitly documented in primary sources, is a central element of his traditional legacy.⁴ According to tradition, Nicholas vehemently opposed Arius's teachings, which denied the co-equality of the Son with the Father.⁵

III. VITAE SANCTORUM AND MIRACLES

The Development of Saint Nicholas's Legend

Saint Nicholas's reputation for holiness and charity gave rise to a rich body of hagiographical accounts that celebrate his miraculous deeds. These narratives, while not always grounded in historical fact, reflect the theological and cultural significance attributed to Nicholas by early Christians. Among the most famous stories is the account of Nicholas rescuing three daughters from destitution by secretly providing dowries for their marriages. This act of generosity underscores his role as a protector of the vulnerable and remains central to his veneration. Similarly, the story of Nicholas saving sailors from a storm highlights his role as a guardian of those in peril, a theme that resonates across both Eastern and Western Christian traditions.

How Hagiography Influenced His Veneration

Hagiographical narratives played a pivotal role in elevating Saint Nicholas to a status of widespread veneration. By emphasizing his miraculous deeds and unwavering

⁴ Michael Gaddis, *There Is No Crime for Those Who Have Christ: Religious Violence in the Christian Roman Empire* (Berkeley: University of California Press, 2005), 142.

⁵ Gaddis, There Is No Crime for Those Who Have Christ, 142.

⁶ Jones, Saint Nicholas of Myra, Bari, and Manhattan, 54.

⁷ Gaddis, There Is No Crime for Those Who Have Christ, 142–143.

commitment to Christian values, these stories helped to establish Nicholas as a universal symbol of generosity and faith. In the Eastern Orthodox Church, icons depicting Nicholas often portray him as a figure of divine authority, reflecting the theological themes embedded in his hagiography.⁸

IV. SAINT NICHOLAS IN EASTERN AND WESTERN TRADITIONS

Eastern Orthodox Veneration of Saint Nicholas

In the Eastern Orthodox tradition, Saint Nicholas is venerated as a Wonderworker (*Thaumaturgos*) whose intercessions are believed to bring healing and protection. His feast day, celebrated on December 6, is one of the most significant in the Orthodox liturgical calendar. Icons of Nicholas, which often depict him holding a Gospel book or making a gesture of blessing, serve as theological windows into his role as a model of Christ-like compassion and pastoral care. Eastern Orthodox liturgical hymns and prayers emphasize Nicholas's role as a defender of the faith and a protector of the oppressed. 10

Saint Nicholas in the Western Church

In the Western Church, Saint Nicholas's veneration took on a distinct character, particularly during the medieval period. His feast day became associated with acts of charity, such as the giving of gifts to children, reflecting the influence of his legendary generosity. In Dutch culture, the figure of *Sinterklaas* emerged as a popular

⁸ Jaroslav Pelikan, *The Christian Tradition: A History of the Development of Doctrine*, Vol. 1 (Chicago: University of Chicago Press, 1971), 208.

⁹ Ward, Hagiography and the Cult of Saints in the Middle Ages, 72.

¹⁰ Nicholas Cabasilas, *The Life in Christ*, trans. Carmino J. deCatanzaro (Crestwood: St. Vladimir's Seminary Press, 1974), 134.

representation of Nicholas, blending Christian piety with local traditions. This figure would later evolve into the modern Santa Claus following the migration of Dutch settlers to America.¹¹

Transition to the "Sinterklaas" Figure in Dutch Culture

The Dutch *Sinterklaas* represents a significant cultural adaptation of Saint Nicholas's image. Celebrated on December 5 or 6, *Sinterklaas* traditions involve parades, gift-giving, and a focus on Nicholas's role as a benefactor. The fusion of Christian devotion with festive customs highlights the enduring appeal of Nicholas's legacy across different cultural contexts. This figure later influenced the American conception of Santa Claus, especially through the works of authors and illustrators such as Clement Clarke Moore and Thomas Nast. ¹²

V. THE TRANSFORMATION INTO SANTA CLAUS

The Dutch Sinterklaas and Migration to America

The transformation of Saint Nicholas into Santa Claus began with the Dutch figure of *Sinterklaas*, a cultural adaptation that emphasized his role as a gift-giver. When Dutch settlers arrived in America during the 17th century, they brought with them their veneration of *Sinterklaas*. Over time, the figure of *Sinterklaas* underwent significant reinterpretation in the melting pot of American culture. By the early 19th century, writers

¹¹ Simon Schama, *The Embarrassment of Riches: An Interpretation of Dutch Culture in the Golden Age* (New York: Knopf, 1987), 92.

¹² Clement Clarke Moore, "A Visit from St. Nicholas," in The Annotated Night Before Christmas, ed. Martin Gardner (New York: Summit Books, 1982), 14–15.

and artists began shaping *Sinterklaas* into the figure now widely recognized as Santa Claus.¹³

The Influence of Clement Clarke Moore's A Visit from St. Nicholas

The modern image of Santa Claus owes much to Clement Clarke Moore's 1823 poem, *A Visit from St. Nicholas* (commonly known as *'Twas the Night Before Christmas*). Moore's depiction of Santa as a jolly, plump, and cheerful figure driving a reindeer-drawn sleigh solidified key elements of the Santa Claus mythos. This reinterpretation retained a faint echo of Saint Nicholas's generosity while adapting the figure to the emerging consumer culture of 19th-century America.¹⁴

The Role of 19th- and 20th-Century Commercialization

The commercialization of Christmas further transformed Santa Claus into a secular symbol of holiday cheer. Artists like Thomas Nast, whose illustrations in *Harper's Weekly* during the late 19th century helped establish Santa's iconic red suit and long white beard, played a pivotal role in shaping the modern visual representation of Santa. In the 20th century, Coca-Cola's advertising campaigns further popularized this image, embedding Santa Claus in global consumer culture.

Comparison of Modern Santa with the Historical Nicholas

¹³ Jones, Saint Nicholas of Myra, Bari, and Manhattan, 89.

¹⁴ Moore, "A Visit from St. Nicholas," in Annotated Night Before Christmas, 14.

¹⁵ Thomas Nast, Santa Claus and His Works, Harper's Weekly, January 1, 1881, 7.

¹⁶ Anne Barrett, "How Coca-Cola Created the Modern Image of Santa Claus," Smithsonian Magazine, December 2011.

The modern Santa Claus retains elements of Saint Nicholas's character, such as generosity and concern for children, but largely strips these qualities of their theological underpinnings. While Saint Nicholas is celebrated for his acts of self-sacrificial charity rooted in Christian doctrine, Santa Claus embodies a more secular, commercialized ethos of holiday gift-giving.¹⁷

VI. THEOLOGICAL IMPLICATIONS

The Enduring Appeal of Saint Nicholas's Generosity

Saint Nicholas's legacy of generosity remains a cornerstone of his enduring appeal. His acts of charity, such as providing dowries for impoverished young women, exemplify the Christian virtues of compassion and selflessness. The transformation of his image into Santa Claus reflects humanity's ongoing admiration for these virtues, even as their theological origins are often overlooked.¹⁸

Challenges of Blending Secular and Sacred Traditions

The figure of Santa Claus presents both an opportunity and a challenge for Christians seeking to celebrate the true meaning of Christmas. While the secular traditions surrounding Santa can enhance the joy of the season, they also risk obscuring the theological significance of Christ's birth. This tension invites Christians to reflect on how to balance cultural traditions with the sacred message of the Incarnation. ¹⁹

¹⁸ Pelikan, *The Christian Tradition*, Vol. 1, 220.

Schama, The Embarrassment of Riches, 124.

¹⁹ Ward, Hagiography and the Cult of Saints in the Middle Ages, 91.

What the Figure of Santa Claus Says About Contemporary Values

The evolution of Santa Claus from a Christian saint to a secular icon offers a lens through which to examine contemporary values. In modern culture, Santa often symbolizes materialism and consumerism, reflecting society's shifting priorities. However, his connection to the historical Saint Nicholas serves as a reminder of the virtues of charity, humility, and faith that transcend cultural and temporal boundaries.²⁰

VII. MISCONCEPTIONS AND MYTHS

Was Saint Nicholas Truly a "Fourth-Generation" Bishop?

One of the persistent misconceptions about Saint Nicholas is the claim that he was a "fourth-generation" bishop, meaning he succeeded directly in a lineage of bishops from the time of the apostles. This assertion, while appealing, lacks historical evidence. It likely stems from later attempts to emphasize Nicholas's authority and connection to apostolic tradition. The earliest records of Nicholas make no mention of such a lineage, suggesting that this claim is more hagiographical than historical.²¹

The Legend of Saint Nicholas Punching Arius

Origins of the Legend

The earliest mention of Saint Nicholas physically confronting Arius appears in 14th-century accounts, nearly 1,000 years after the Council of Nicaea in AD 325.

According to these accounts, Arius's irreverent remarks about the nature of Christ

²⁰ Michael Gaddis, *There Is No Crime for Those Who Have Christ*, 158.

²¹ Jones, Saint Nicholas of Myra, Bari, and Manhattan,), 47.

provoked Nicholas's righteous anger, leading him to strike the heretic. Medieval sources often describe the act as a "slap," rather than the "punch" popularized in modern retellings.²²

The *Catholic Encyclopedia* casts doubt on Nicholas's actual attendance at the council, noting the absence of his name in contemporary lists of bishops who participated.²³ Similarly, early historians like Eusebius and Athanasius, who extensively documented the council, do not mention Nicholas's involvement. This lack of evidence suggests the story was a later addition, created to emphasize Nicholas's role as a staunch defender of orthodoxy.²⁴

Medieval and Byzantine Iconography

The story gained traction in the medieval period, when Saint Nicholas's cult was flourishing. Byzantine icons and church artwork began to depict the scene of Nicholas slapping Arius, reinforcing his image as a warrior for the faith. These depictions served a dual purpose:

They highlighted Nicholas's zeal for orthodoxy during a time when heresies such as Arianism were still seen as a significant threat.²⁵

They elevated Nicholas's status among the faithful, portraying him as a model of courage and conviction.²⁶

²⁵ Ward, Hagiography and the Cult of Saints in the Middle Ages, 72.

²² Jones, Saint Nicholas of Myra, Bari, and Manhattan, 63.

²³ Catholic Encyclopedia, s.v. "St. Nicholas of Myra," accessed January 7, 2025.

²⁴ Chadwick, The Church in Ancient Society, 203.

²⁶ Michael Gaddis, *There Is No Crime for Those Who Have Christ*, 141.

This artistic tradition reflects how hagiographical narratives were used to convey theological truths. The act of striking Arius symbolized the Church's rejection of heresy and its defense of Christ's divinity.²⁷

Modern Cultural Interpretations

In the digital age, the story has found new life through memes and humorous anecdotes. Images of a stern Saint Nicholas punching Arius are shared widely, often accompanied by captions celebrating Nicholas's fiery orthodoxy.²⁸ While these depictions are playful, they also risk overshadowing the historical and theological significance of Nicholas's life.

Modern Christians often embrace this story as a symbol of their own commitment to doctrinal truth. However, the story's embellishment can obscure Nicholas's true legacy as a pastor and benefactor who embodied Christ-like compassion and generosity.²⁹

Reconciling Fact and Fiction

Although the story is likely fictional, it reflects deeper truths about how Nicholas's character and legacy have been perceived:

- Passionate Defender of Orthodoxy: The legend encapsulates Nicholas's
 reputation as a protector of the faith, even if the specific act of striking Arius is
 not historically verifiable.
- Symbolic Representation: The slap serves as a metaphor for the Church's rejection of Arianism and its defense of Christ's divinity at the Council of Nicaea.

²⁸ Barrett, "How Coca-Cola Created the Modern Image of Santa Claus," Smithsonian Magazine, December 2011.

²⁷ Schama, *The Embarrassment of Riches*, 92.

²⁹ Moore, "A Visit from St. Nicholas," in Annotated Night Before Christmas, 14–15.

Humanizing Saint Nicholas: The legend portrays Nicholas as a passionate and
relatable figure, whose imperfections—such as losing his temper—make him
more accessible to modern audiences.

Theological Implications

The legend offers opportunities for reflection on key theological and pastoral themes:

- Balancing Zeal and Charity: While Nicholas's fervor for orthodoxy is
 commendable, the story also invites consideration of how Christians should
 engage with heretical ideas—with firmness, but also with love and humility.
- Myth as Theology: The story illustrates how myths and legends can serve theological purposes, teaching timeless truths about the faith even when their historical accuracy is doubtful.

VIII. CONCLUSION

Summary of Findings

Saint Nicholas of Myra is a figure whose legacy spans history, theology, and culture. This study has explored his historical context as a bishop and defender of orthodoxy, as well as the hagiographical embellishments that contributed to his veneration. It has also traced the transformation of his image into Santa Claus, revealing both the theological depth and the cultural adaptability of his legacy.

Importance of Reclaiming the Historical Saint Nicholas

Reclaiming the historical Saint Nicholas offers an opportunity to rediscover the theological significance of his life and works. His legacy as a model of Christian charity and a defender of faith continues to inspire believers, even as his image has been

secularized in modern culture. By separating fact from legend, Christians can celebrate the true depth of his contributions to the Church.

Reflection on His Impact on Christian and Global Culture

The enduring popularity of Saint Nicholas—whether as a revered saint or as the secular Santa Claus—testifies to the universal appeal of generosity, compassion, and faith. His transformation across cultures and centuries highlights the ways in which theological figures can adapt to meet the needs of diverse societies while retaining their core message of hope and charity.

Call to Action: Reclaiming the Season's True Meaning

As we consider the life and legacy of Saint Nicholas, we are reminded that his devotion to Christ, his acts of generosity, and his defense of orthodoxy were rooted in a deep commitment to the gospel. The modern portrayal of Santa Claus, though inspired by his legacy, has often strayed far from these theological foundations, becoming a symbol of consumerism and distraction during a season meant to celebrate the Incarnation of Christ.

Let us reflect on the original meaning of Christmas and reclaim its theological roots. Saint Nicholas serves as an example of faith, charity, and steadfastness in proclaiming Christ. His legacy challenges us to prioritize Jesus as the Light of the World, celebrated not merely on December 25 but throughout the entire Christmas-Epiphany season. For a more detailed discussion, see my study *The Lost Holiday in the West: Epiphany*. 30

³⁰ D. Gene Williams Jr., *The Lost Holiday in the West: Epiphany, December 25th, and the Twelve Days of Christmas*, accessed January 2025, https://triinitysem.academia.edu/GeneWilliamsJr; https://defendtheword.com/insights-and-studies.html.

APPENDIX A: KEY ELEMENTS OF SAINT NICHOLAS'S LEGACY

1. Timeline of Saint Nicholas's Life and Legacy

- Late 3rd Century AD: Born in Patara, Lycia, in Asia Minor.
- Early 4th Century AD: Becomes Bishop of Myra during Roman persecution.
- AD 313: The Edict of Milan grants religious tolerance, aiding his ministry.
- AD 325: Allegedly attends the Council of Nicaea, where he opposes Arianism.
- AD 343: Tradition holds he dies on December 6.
- 6th-10th Centuries: Eastern Orthodox veneration solidifies; feast day established.
- AD 1087: Relics moved to Bari, Italy, boosting Western devotion.
- 17th Century: Dutch settlers bring Sinterklaas traditions to America.
- **19th–20th Centuries**: Transformation into Santa Claus through literature, art, and commercialization.

2. Notable Legends and Their Interpretations

• The Three Dowries

- Legend: Nicholas secretly provides dowries for three impoverished daughters to save them from slavery or prostitution.
- Theological Significance: Emphasizes the Christian virtue of generosity and care for the marginalized.

• The Miraculous Rescue of Sailors

- o **Legend**: Nicholas calms a storm to save a crew of sailors.
- Theological Significance: Reflects Christ-like authority over nature and intercessory power.

Confrontation with Arius

- o **Legend**: Nicholas strikes Arius during a debate at the Council of Nicaea.
- Interpretation: While historically unverified, the story symbolizes Nicholas's commitment to orthodoxy.

3. Comparison: Historical Saint Nicholas vs. Modern Santa Claus

Aspect	Saint Nicholas	Santa Claus
Origin	Bishop of Myra, 4th century	Dutch Sinterklaas evolved in America
Focus	Charity rooted in Christian faith	Secular gift-giving tradition
Representation	Religious icons, liturgy	Commercialized imagery
Symbolism	Defender of orthodoxy, protector of the poor	Joy, generosity, and materialism

4. Feast Days and Liturgical Traditions

• Eastern Orthodox Church:

- o Celebrated on December 6 (Nicholas the Wonderworker).
- Festivities include hymns, prayers, and veneration of icons depicting Nicholas.
- Special liturgical readings emphasize his pastoral care and miraculous deeds.

Western Church:

- December 6 feast day marked with charitable activities and gift-giving traditions.
- Legacy persists in local customs, such as the filling of shoes with gifts in European countries.

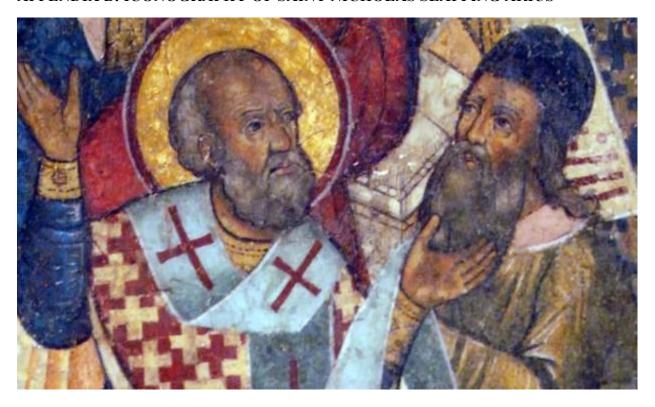
5. Artistic Depictions Across Cultures

- **Eastern Tradition**: Icons portray Nicholas with a Gospel book, symbolizing his role as a teacher and defender of faith.
- Western Tradition: Medieval art focuses on miracles, such as the three dowries or saving sailors.
- **Modern Imagery**: Santa Claus illustrations by Thomas Nast and Coca-Cola campaigns dominate contemporary representations.

6. Key Sources and Further Reading

- Charles W. Jones, Saint Nicholas of Myra, Bari, and Manhattan: Biography of a Legend.
- Henry Chadwick, The Church in Ancient Society: From Galilee to Gregory the Great.
- Simon Schama, The Embarrassment of Riches: An Interpretation of Dutch Culture in the Golden Age.
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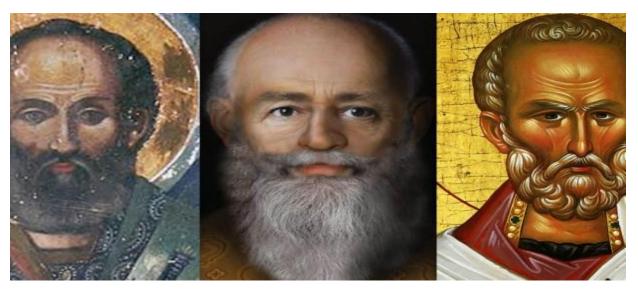
APPENDIX B: ICONOGRAPHY OF SAINT NICHOLAS SLAPPING ARIUS



This appendix features an image of a Byzantine icon depicting Saint Nicholas confronting Arius at the Council of Nicaea. The artwork portrays Nicholas striking Arius, a representation inspired by the 14th-century legend that symbolizes Nicholas's zeal for orthodoxy and the Church's rejection of heretical teachings. This image reflects how hagiographical narratives were visually adapted to reinforce theological truths, such as the divinity of Christ and the triumph of orthodoxy over heresy. It also highlights the role of religious art in shaping the cultural memory of saintly figures.³¹

³¹ Public Domain

APPENDIX C: IN IMAGES: THE REAL FACE OF SANTA CLAUS



This appendix connects the historical reality of Saint Nicholas with the centrality of Christ in the holiday season. By exploring his authentic appearance through historical iconography and modern facial reconstruction, it juxtaposes the truth of Saint Nicholas with the commercialized and mythical figure of Santa Claus. The three images in this appendix include:

- **Byzantine Iconography**: A traditional depiction of Saint Nicholas, emphasizing his role as a bishop and saint within the Christian tradition.
- Forensic Reconstruction: Based on measurements of his skull and bones taken during a 1950s study of relics housed at the Basilica di San Nicola in Bari, Italy, this image was developed by Professor Caroline Wilkinson at the University of Manchester using CGI and anatomical standards in 2004 and refined in 2014.
- **Modern Iconography**: A stylized representation reflecting the continued veneration of Saint Nicholas in contemporary Christian art.

Historical Context:

Saint Nicholas's relics, housed in the Basilica di San Nicola in Bari, Italy, were studied in detail during the 1950s, yielding thousands of measurements and x-rays. Using this data, Professor Caroline Wilkinson and her team utilized CGI technology to reconstruct his face in 2004 and updated it in 2014. The findings present Nicholas as a 60-year-old Greek man of Asia Minor, with a broken nose and a striking resemblance to early Byzantine icons of the saint.

Reflection:

Modern depictions of Santa Claus—shaped by commercial entities like Coca-Cola—diverge significantly from Saint Nicholas's historical appearance and theological significance. While today's Santa promotes a consumer-driven holiday narrative, the real Nicholas was a bishop deeply devoted to defending the faith, protecting the vulnerable, and embodying Christ's love. ³²

³² Public Domain | Face Lab at Liverpool John Moores University | Marian C | Shutterstock

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